



OCTOBER MENU 2024

MEAL	MONDAY 14/28	TUESDAY 1/15/29	WEDNESDAY 2/16/30	THURSDAY 3/17/31	FRIDAY 4/18
Breakfast	<ul style="list-style-type: none"> • Milk • Cereal • Fresh Fruit 	<ul style="list-style-type: none"> • Milk • Pancakes • Fresh Fruit 	<ul style="list-style-type: none"> • Milk • Croissants • Fresh Fruit 	<ul style="list-style-type: none"> • Milk • Mini French Toast • Fresh fruit 	<ul style="list-style-type: none"> • Milk • Cereal • Fresh Fruit
Lunch	<ul style="list-style-type: none"> • Water • Shells & Meatballs • Vegetable • Fresh Fruit 	<ul style="list-style-type: none"> • Water • Chicken Nuggets • Mashed Potatoes • Vegetable • Fresh Fruit 	<ul style="list-style-type: none"> • Water • Pasta w/ Chicken • Vegetable • Fresh Fruit 	<ul style="list-style-type: none"> • Water • Baked Meatballs • White Rice • Vegetable • Fresh Fruit 	<ul style="list-style-type: none"> • Water • Pizza Day • Vegetable • Fresh Fruit
AM/PM Snack	<ul style="list-style-type: none"> • Milk/Water • AM-Applesauce • PM-Cheese & Crackers • Fresh Fruit 	<ul style="list-style-type: none"> • Milk/Water • AM- Pretzels • PM- Yogurt • Fresh Fruit 	<ul style="list-style-type: none"> • Milk/Water • AM- Goldfish • PM- Graham Crackers • Fresh Fruit 	<ul style="list-style-type: none"> • Milk/Water • AM-Wheat Thins • PM-Cheez-It's • Fresh Fruit 	<ul style="list-style-type: none"> • Water • AM-Nilla Wafers • PM-Grain Bars • Fresh Fruit



OCTOBER MENU 2024

MEAL	MONDAY 7/21	TUESDAY 8/22	WEDNESDAY 9/23	THURSDAY 10/24	FRIDAY 11/25
Breakfast	<ul style="list-style-type: none"> • Milk • Cereal • Fresh Fruit 	<ul style="list-style-type: none"> • Milk • Waffles • Fresh Fruit 	<ul style="list-style-type: none"> • Milk • Raisin Bread • Fresh Fruit 	<ul style="list-style-type: none"> • Milk • Mini Bagels w/cream cheese • Fresh Fruit 	<ul style="list-style-type: none"> • Milk • Cereal • Fresh Fruit
Lunch	<ul style="list-style-type: none"> • Water • Mac & Cheese • Vegetable • Fresh Fruit 	<ul style="list-style-type: none"> • Water • Chicken Nuggets • Mashed Potatoes • Vegetable • Fresh Fruit 	<ul style="list-style-type: none"> • Water • Baked Ziti • Vegetable • Fresh Fruit 	<ul style="list-style-type: none"> • Water • Fish Sticks • French Fries • Vegetable • Fresh Fruit 	<ul style="list-style-type: none"> • Water • Pizza Day • Vegetable • Fresh Fruit
Snack	<ul style="list-style-type: none"> • Milk/Water • AM-Wheat Thins • PM-Cheez-It's • Fresh Fruit 	<ul style="list-style-type: none"> • Milk/Water • AM-Ritz Crackers • PM-Graham Crackers • Fresh Fruit 	<ul style="list-style-type: none"> • Milk/Water • AM-Fruit Pouch • PM-Cheese & Crackers • Fresh Fruit 	<ul style="list-style-type: none"> • Milk/Water • AM-Pretzels • PM-Grain Bars • Fresh Fruit 	<ul style="list-style-type: none"> • Milk/Water • AM-Goldfish • PM-Yogurt • Fresh Fruit

Please be advised that all vegetables are steamed and soft to the touch